



# Cancer screening in Europe – shifting paradigms

International Agency for Research on Cancer  
Lyon, France

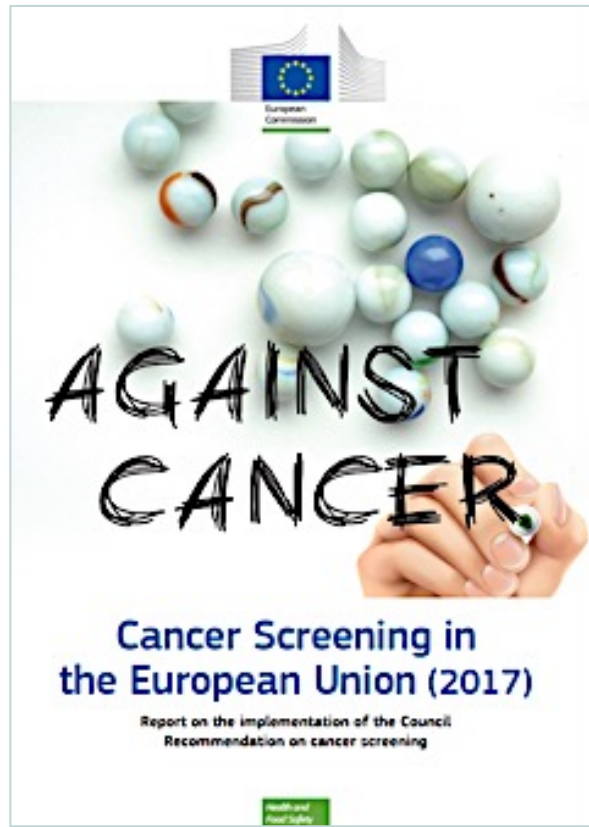
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International Agency for Research on Cancer

# Implementation of recommended breast, cervical and colorectal cancer screening programmes in EU Member States in 2016



	Breast cancer screening	Cervical cancer screening	Colorectal cancer screening
<b>Population-based screening program</b>	25 (95%)	22 (72%)	23 (72%)
Rollout complete	21 (88%)	9 (28%)	9 (27%)
Rollout ongoing	3 (3%)	10 (27%)	8 (26%)
Piloting	1 (4%)	1 (<1%)	4 (3%)
Planning	0	2 (17%)	2 (18%)
<b>Non-population-based screening program</b>	3 (5%)	4 (25%)	2 (4%)
<b>No screening program</b>	0	2 (2%)	3 (24%)



## Screening ages and frequencies

- Women with average risk
  - Age 40-44 yrs: No screening
  - Age 45-49 yrs: DM every 2-3 yrs
  - Age 50-69 yrs: DM every 2 yrs
  - Age 70-74 yrs: DM every 3 yrs
- Women with dense breasts
  - Screening with either DM or DBT

# Digital breast tomosynthesis for breast ca detection

- A systematic review & meta-analysis compared DBT and DM in average risk women
- Thirty-eight studies reporting on 488,099 patients (13,923 with breast cancer) were included
- Sensitivity (*higher sensitivity was maintained after adjusting for covariates*)
  - DBT: 88% (83-92)
  - DM: 87% (71-85)
- Specificity
  - DBT: 84% (76-89)
  - DM: 79% (71-85)
- **Combination of DBT and DM didn't demonstrate higher accuracy over DBT alone**

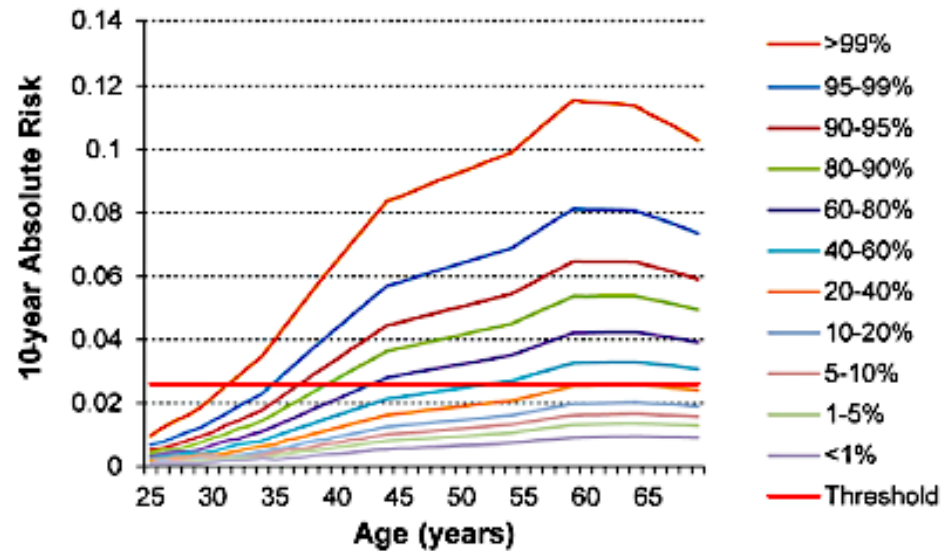
**“For asymptomatic women with an average risk of breast cancer, the ECIBC's Guidelines Development Group (GDG) suggests using either digital breast tomosynthesis (DBT) or digital mammography (DM) in the context of an organised screening programme”**

# Artificial Intelligence in breast cancer screening

- AI was used to read a large representative dataset from the UK and a large enriched dataset from the USA
- Absolute reduction of 5.7% and 1.2% (USA and UK) in false positives and 9.4% and 2.7% (USA and UK) in false negatives
- The AI system outperformed all of the human readers
- AI system maintained non-inferior performance and reduced the workload of the second reader by 88%



# Risk Stratified Screening- MyPeBS study scheme

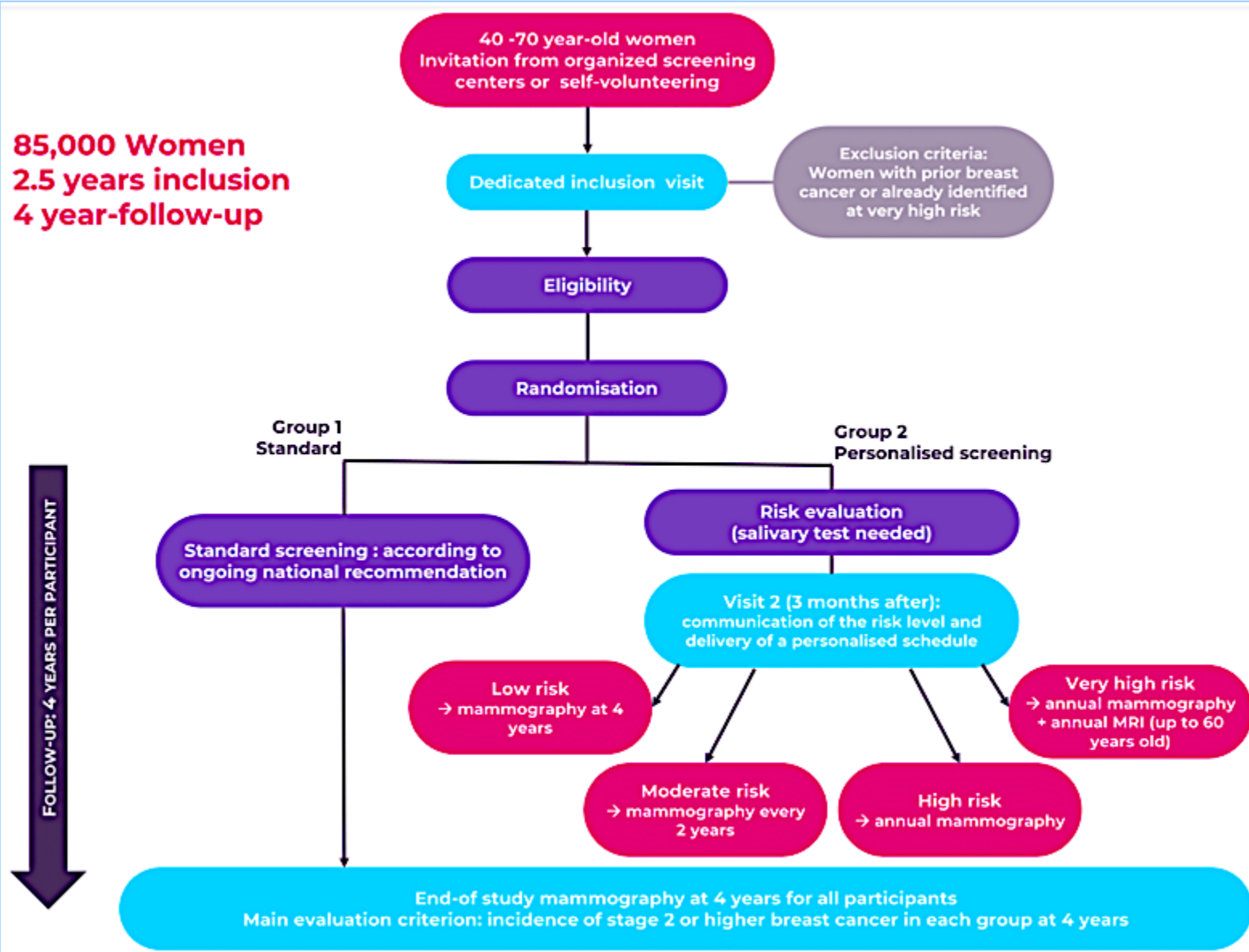


**10-year absolute risk of developing breast cancer by percentiles of the 313 Single Nucleotide Variant polygenic risk scores**

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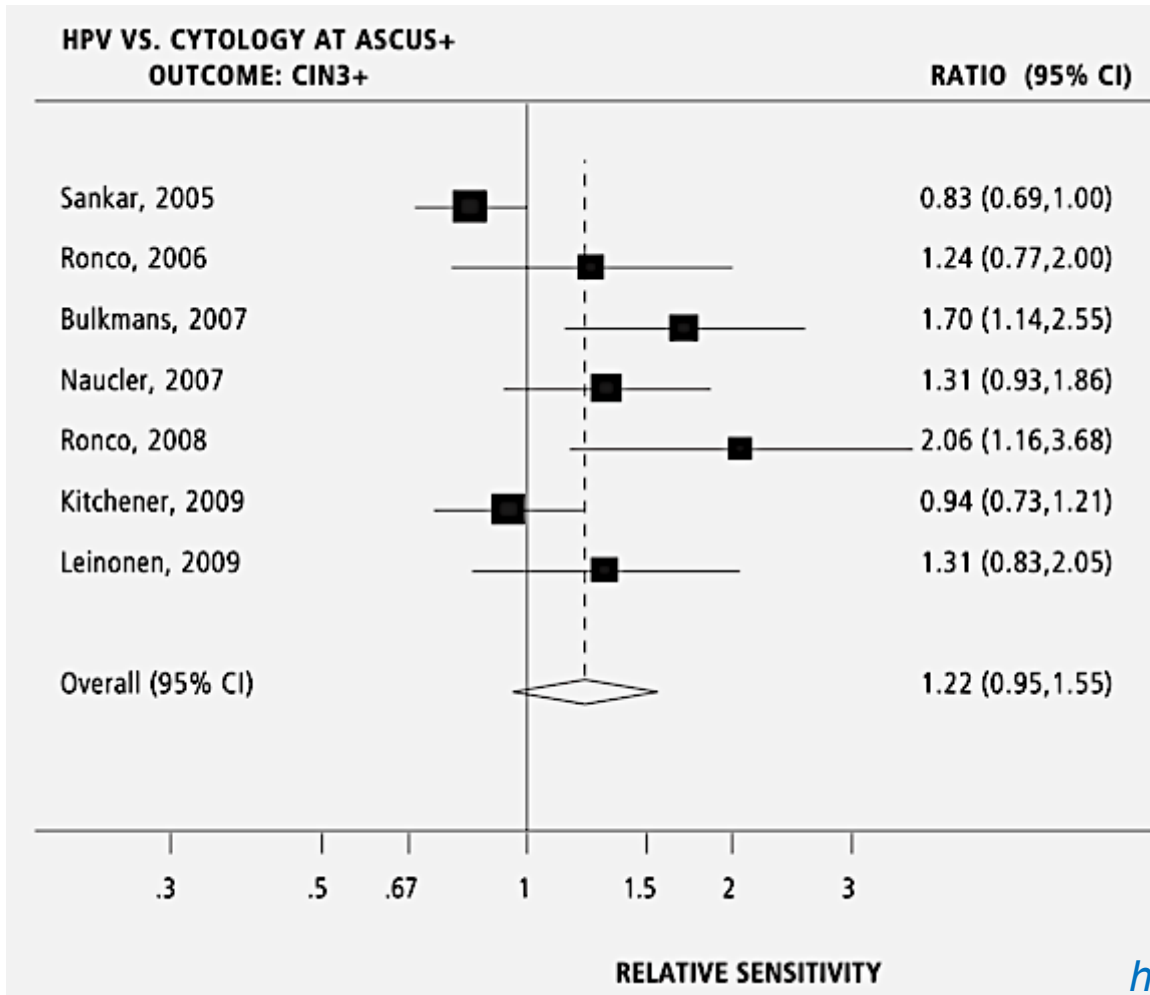


**85,000 Women**  
**2.5 years inclusion**  
**4 year-follow-up**

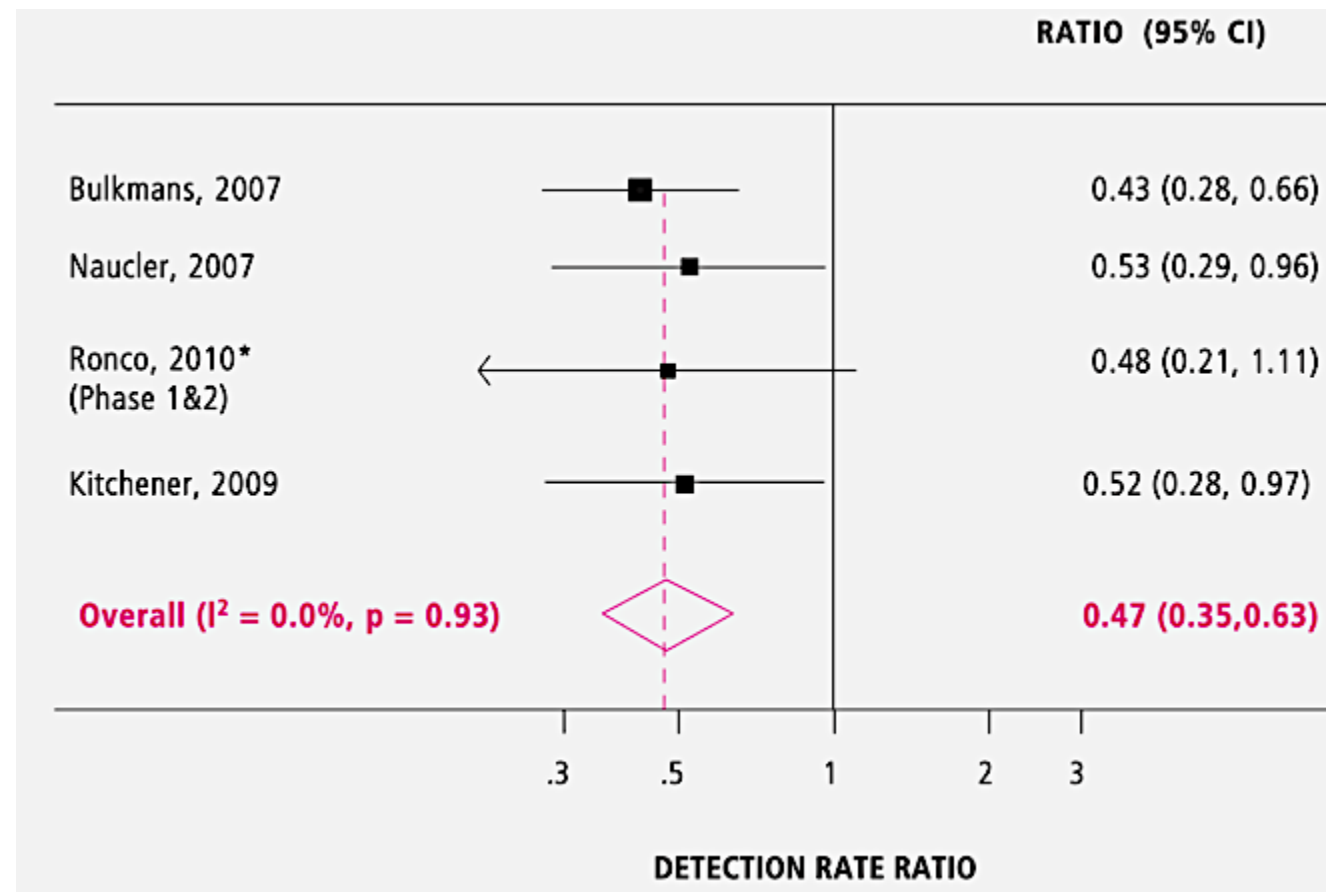


# Cervical cancer screening – HPV test to replace cytology

**DR ratio** of HPV testing vs cytology, using CIN3+ as outcome. Meta-analysis of randomised trials.



**DR ratio** of CIN3+ in HPV Vs cytology group in 2nd screening round, among screen –ve women at baseline.



# Health technology assessment report: HPV DNA based primary screening in Italy

- HPV screening should not be initiated before 30 yrs of age
- Screen +ve women should be triaged with a suitable test before referring to cytology
- Screen -ve women need not be screened before 5 yrs
- Only tests for the DNA of oncogenic HPV, validated according to the European guidelines should be applied
- in the current Italian situation, the overall costs of HPV-based screening are lower than those of conventional cytological screening applied at the current 3-year intervals

Nationwide program: Turkey & the Netherlands; Regional programs: Italy, Sweden, Finland, Denmark



# Self-collected samples for HPV test- meta-analysis

**Table 1 | Pooled relative sensitivity and specificity of high-risk human papillomavirus (hrHPV) assays based on signal amplification (SA) and polymerase chain reaction (PCR) on self samples versus clinician samples**

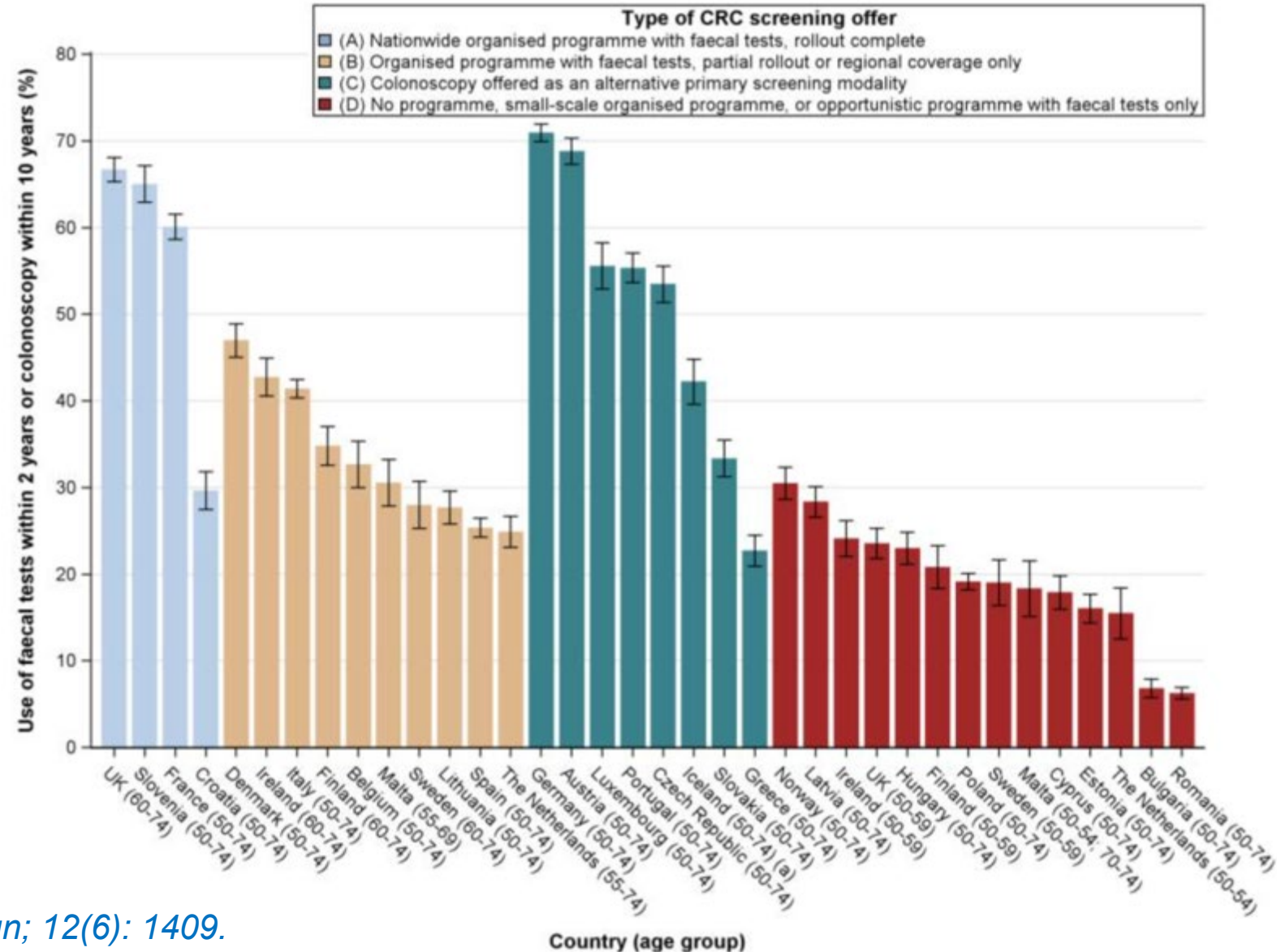
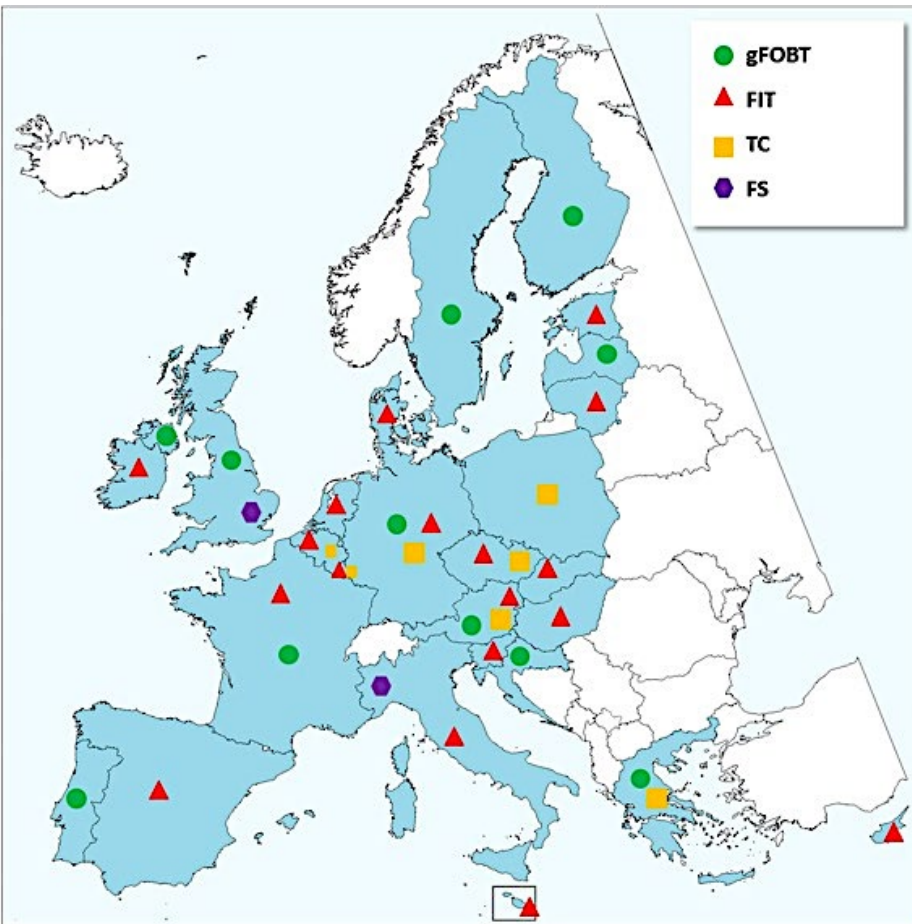
Assay	Outcome	No of studies	Ratio (95% CI)			
			Sensitivity	Specificity	Test positivity	PPV
SA	CIN2+	23	0.85 (0.80 to 0.89)*	0.96 (0.93 to 0.98)*	1.14 (1.05 to 1.24)	0.71 (0.62 to 0.82)
	CIN3+	9	0.86 (0.76 to 0.98)*	0.97 (0.95 to 0.99)*		0.65 (0.57 to 0.78)
PCR	CIN2+	17	0.99 (0.97 to 1.02)	0.98 (0.97 to 0.99)*	1.00 (0.94 to 1.06)	0.97 (0.90 to 1.04)
	CIN3+	8	0.99 (0.96 to 1.02)	0.98 (0.97 to 0.99)*		0.90 (0.78 to 1.05)

PPV=positive predictive value; CIN2+=cervical intraepithelial neoplasia of grade 2 or worse; CIN3+=cervical intraepithelial neoplasia of grade 3 or worse.

\*Statistically significantly different from unity.

**Mailing self sampling kits to women's home address is more effective in reaching populations that are under-screened compared with sending invitation or reminder letters for clinician sampling**

# CRC Screening in Europe – Prevalence of faecal test use within previous 2 yrs or colonoscopy use within previous 10 yrs among population aged 50–74 years



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*Cancers (Basel).* 2020 Jun; 12(6): 1409.

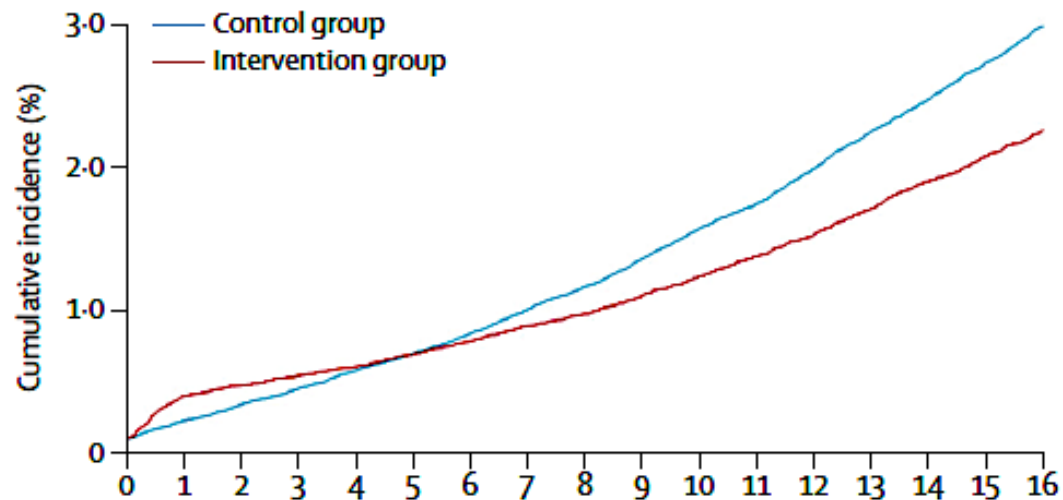
# Long term effects of once-only flexible sigmoidoscopy screening after 17 years of follow-up: the UK RCT

**26% reduced risk;  $p < 0.0001$**

**30% reduced risk;  $p < 0.0001$**

Invited to screening and control groups

**A All-site colorectal cancer incidence**

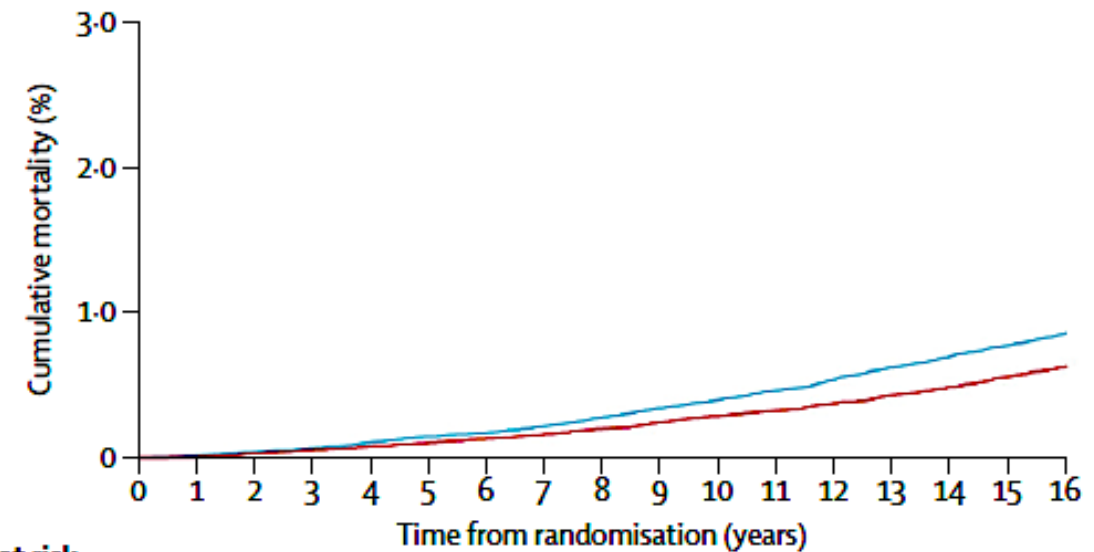


Number at risk

Control group 112936 111103 108940 106353 103444 100234 96607 92599 87438

Intervention group 57098 56111 55102 53886 52488 50911 49113 47106 44525

**G Colorectal cancer mortality**



Number at risk

Control group 112936 111312 109309 106897 104173 101209 97771 93971 89007

Intervention group 57098 56300 55321 54158 52798 51291 49565 47649 45115

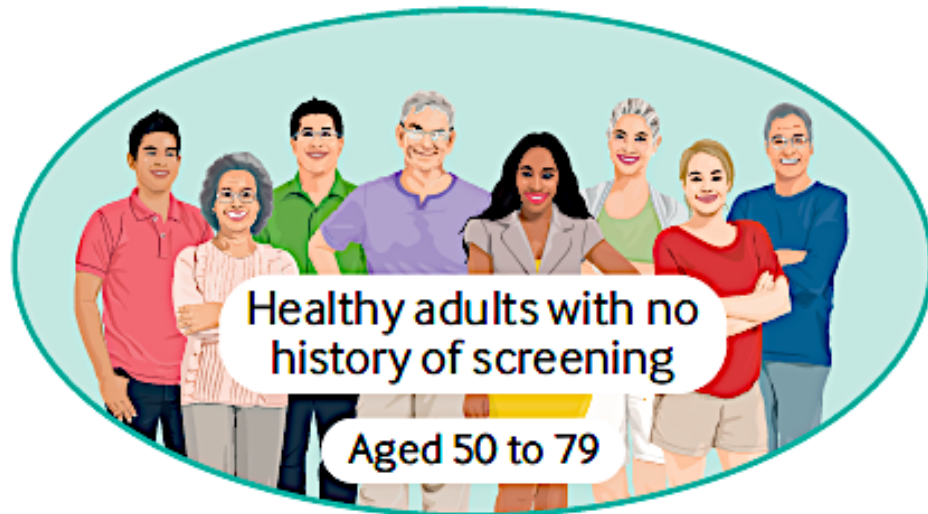
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Lancet [http://dx.doi.org/10.1016/S0140-6736\(17\)30396-3](http://dx.doi.org/10.1016/S0140-6736(17)30396-3)

# Risk-stratification for CRC Screening

## Population



### Estimating risk

Understanding a person's risk of cancer can help to determine the benefits and harms of different screening tests for their individual situation.

We suggest using a tool such as the QCancer® calculator to estimate the risk of colorectal cancer for each person in the next 15 years. This calculates risk, based on:

Age

Sex

Ethnicity

BMI

Smoking status

Medical and family history



Link to QCancer® calculator

[qcancer.org/15yr/colorectal/](https://qcancer.org/15yr/colorectal/)

# Risk-stratification for CRC Screening

## Recommendations

Favours no  
screening

Strong

Weak

Weak

Strong

Favours  
screening



People with an estimated 15 year  
risk of colorectal cancer **below** 3%

We suggest no screening

Favours no  
screening

Strong

Weak

Weak

Strong

Favours  
screening

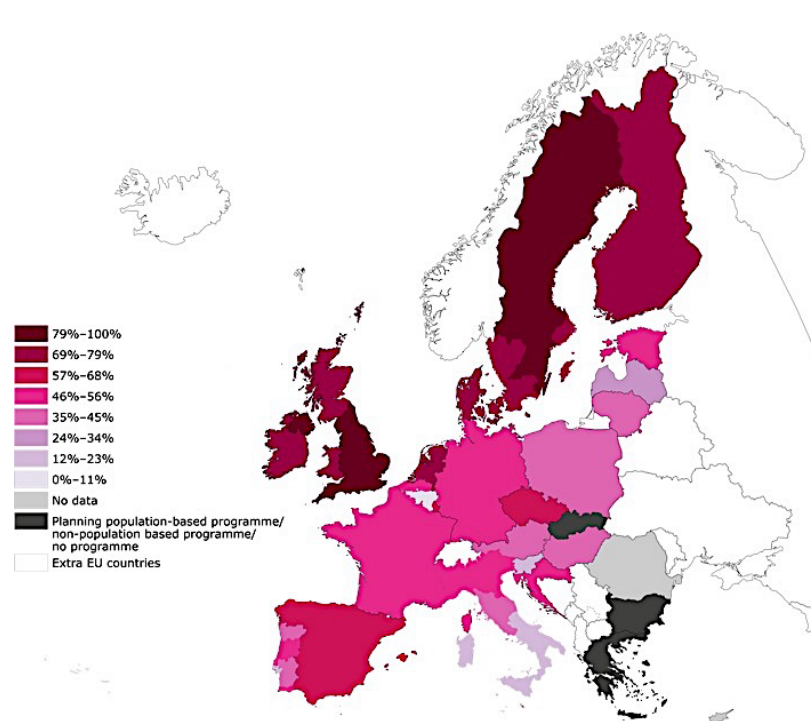


People with an estimated 15 year  
risk of colorectal cancer **above** 3%

We suggest screening with one  
of the four screening options

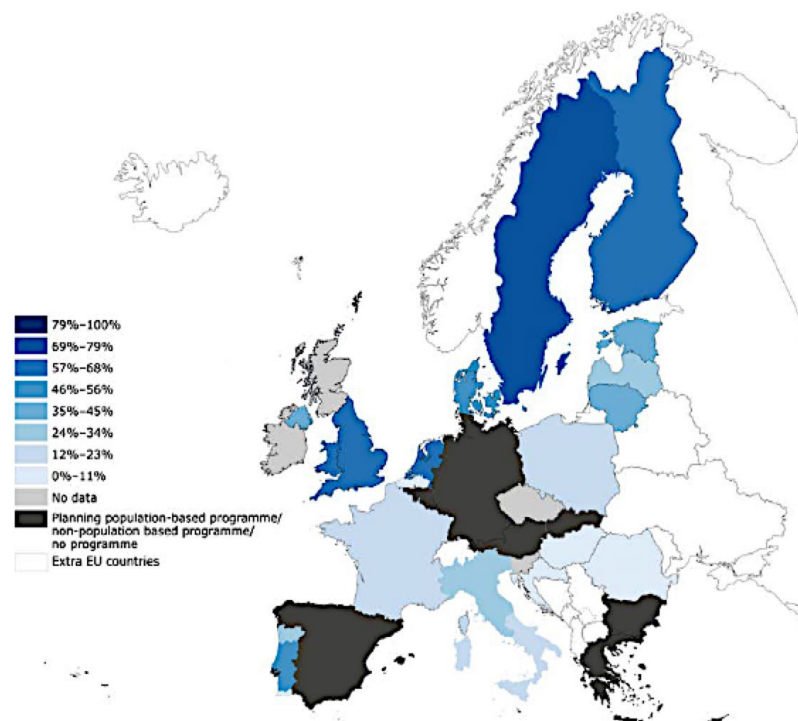


# Cancer Screening in the EU – Exam Coverage in 2013/14



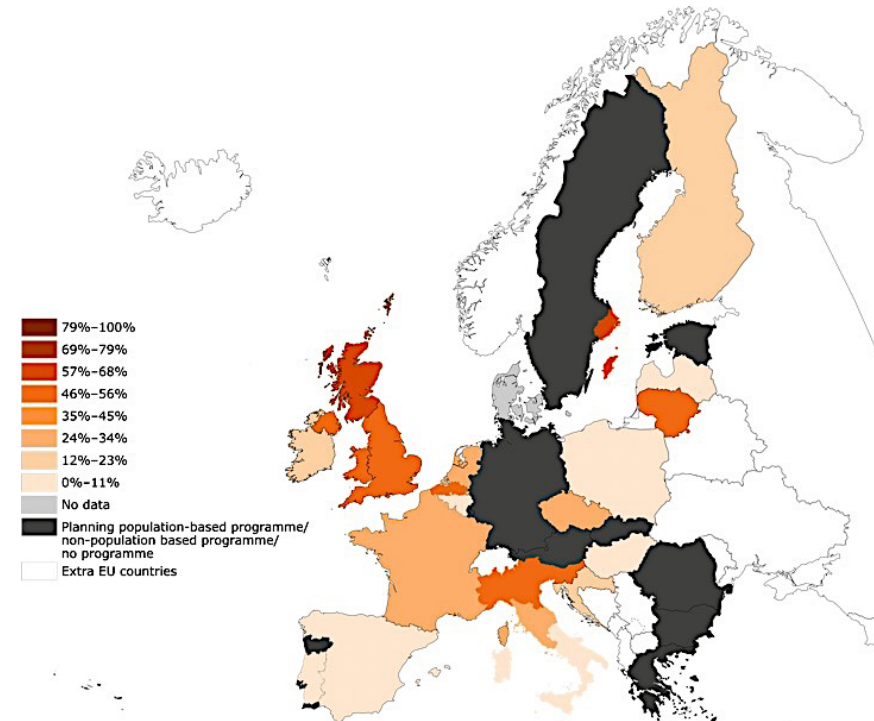
**Breast ca screening (50-69 y)**

*Average: 49%*



**Cervix ca screening (program age)**

*Average: 30%*



**CRC screening (program age)**

*Average: 14%*

# Population-based programmes in the EU- Quality of data collected to evaluate performance

	Breast cancer screening	Cervical cancer screening	CRC screening
<b>No. of MS with Pop-based programmes</b>	<b>25</b>	<b>22</b>	<b>23</b>
<b>No. (%) of MS having a screening registry linked to cancer registry</b>	<b>20 (80%)</b>	<b>17 (77%)</b>	<b>15 (65%)</b>
<b>No. (%) of MS having further assessment results &gt;90% complete</b>	<b>15 (60%)</b>	<b>10 (45%)</b>	<b>13 (56%)</b>



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News & Events | The EFPIA view | The principles of a European Cancer Dashboard: Cancer  
policy stakeholders converge


# The principles of a European Cancer Dashboard: Cancer policy stakeholders converge

What gets measured gets done



# Key issues that need to be considered while revising the current annex of the European Council Recommendation (2003) on cancer screening

Int J Cancer 2020 Jul 1;147(1):9-13.

Antonio Ponti<sup>1</sup>, Partha Basu <sup>2</sup>, David Ritchie<sup>3</sup>, Ahti Anttila<sup>4</sup>, Andre L. Carvalho<sup>2</sup>, Carlo Senore<sup>1</sup>, Meritxell Mallafré-Larrosa<sup>3</sup>,

Cancer site	European Council recommendations 2003 on cancer screening	Issues to be considered in revised recommendation
Cervical cancer	Screening with Pap smear starting at age 20–30 years	Adopt HPV-based cervical cancer screening with appropriate interval and age range
		Adopt appropriate management strategies for screen-positive women
		Define appropriate screening policies following the introduction of HPV vaccine in immunization programs
Breast cancer	Mammography screening in women aged 50–69 years	Mammography screening in women aged 45–74 years
		Wait for more conclusive evidence on the use of tomosynthesis for breast cancer screening
Colorectal cancer	Screening with fecal occult blood test in men and women aged 50–74 years	FIT for age 50–74 once every 2 years or flexible sigmoidoscopy once in a lifetime for colorectal cancer screening
		Wait for more conclusive evidence on screening once in a lifetime with colonoscopy
Lung cancer	No recommendation	Wait for more conclusive evidence on lung cancer screening with LDCT for heavy smokers aged between 55 and 74 years, taking into consideration resource implications, cost-effectiveness and harms
Prostate cancer	No recommendation	Wait for more conclusive evidence on prostate cancer screening taking into consideration harms to benefits ratio
		Monitor opportunistic testing