



Palliative care and Oncology Integration

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Palliative care needs and cancer



- By the year 2040 2.5 millions cancer deaths are expected In Europe
- 60 to 70 % of those dying have specific palliative care needs
- Today 60% of those who access specialized palliative care services have advanced cancer



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European actions

- iPAAC considered carefully the need of palliative care integration as specified in
 - The Accreditation of Comprehensive cancer networks (WP10 Standard 9)
 - The care pathway of patients with pancreatic cancer (WP8 Task 2)
 - As Task 6 of WP8



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European Actions

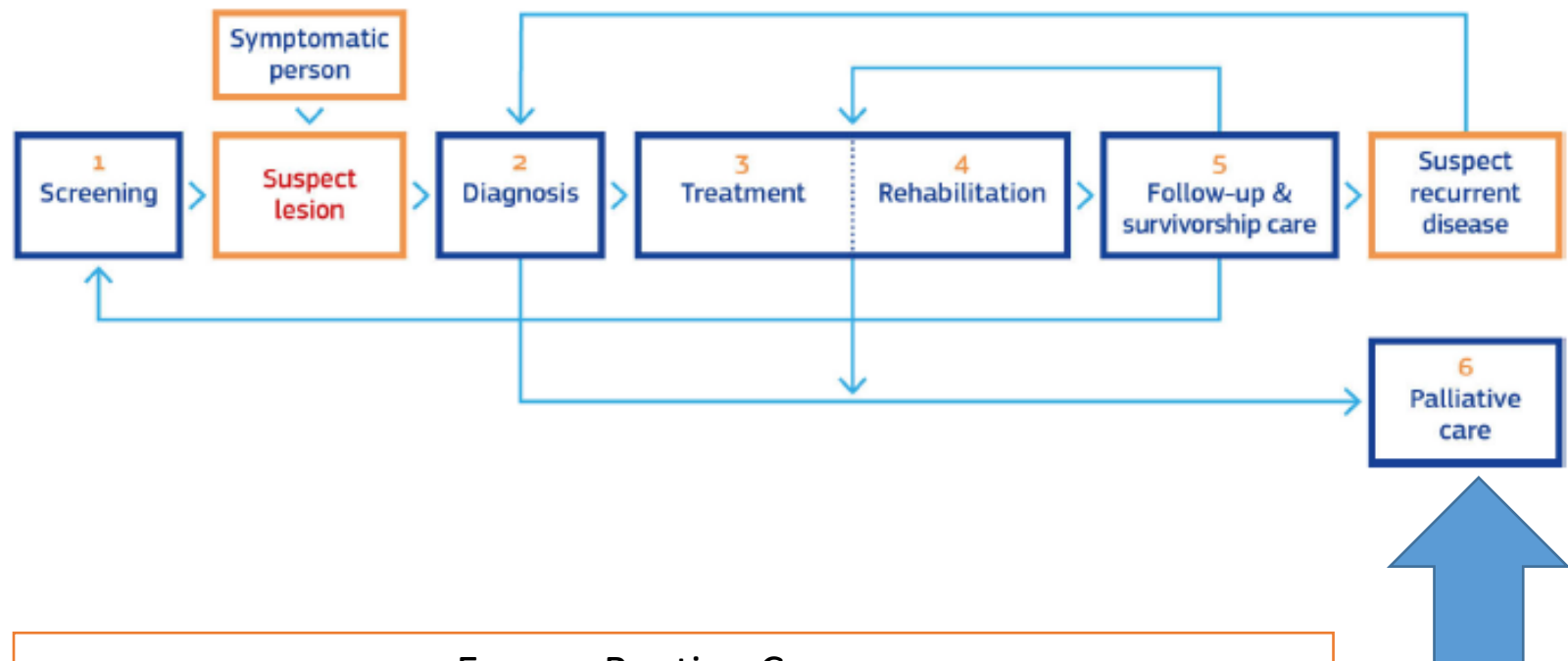
- Europe Beating Cancer Plan
 - **newly-created Reference networks (new Joint Action)**
 - **new guidelines** accreditation and certification programmes, and **quality assurance schemes** for **colorectal and cervical cancer**, including palliative care
- Horizon Europe
- Mission Cancer



Figure 1. Intervention areas for action

European Commission Breast Cancer Initiative - Quality Assurance Scheme

Figure 3: Breast cancer care pathway



Europe Beating Cancer

Systematic literature updated from 2017



2017

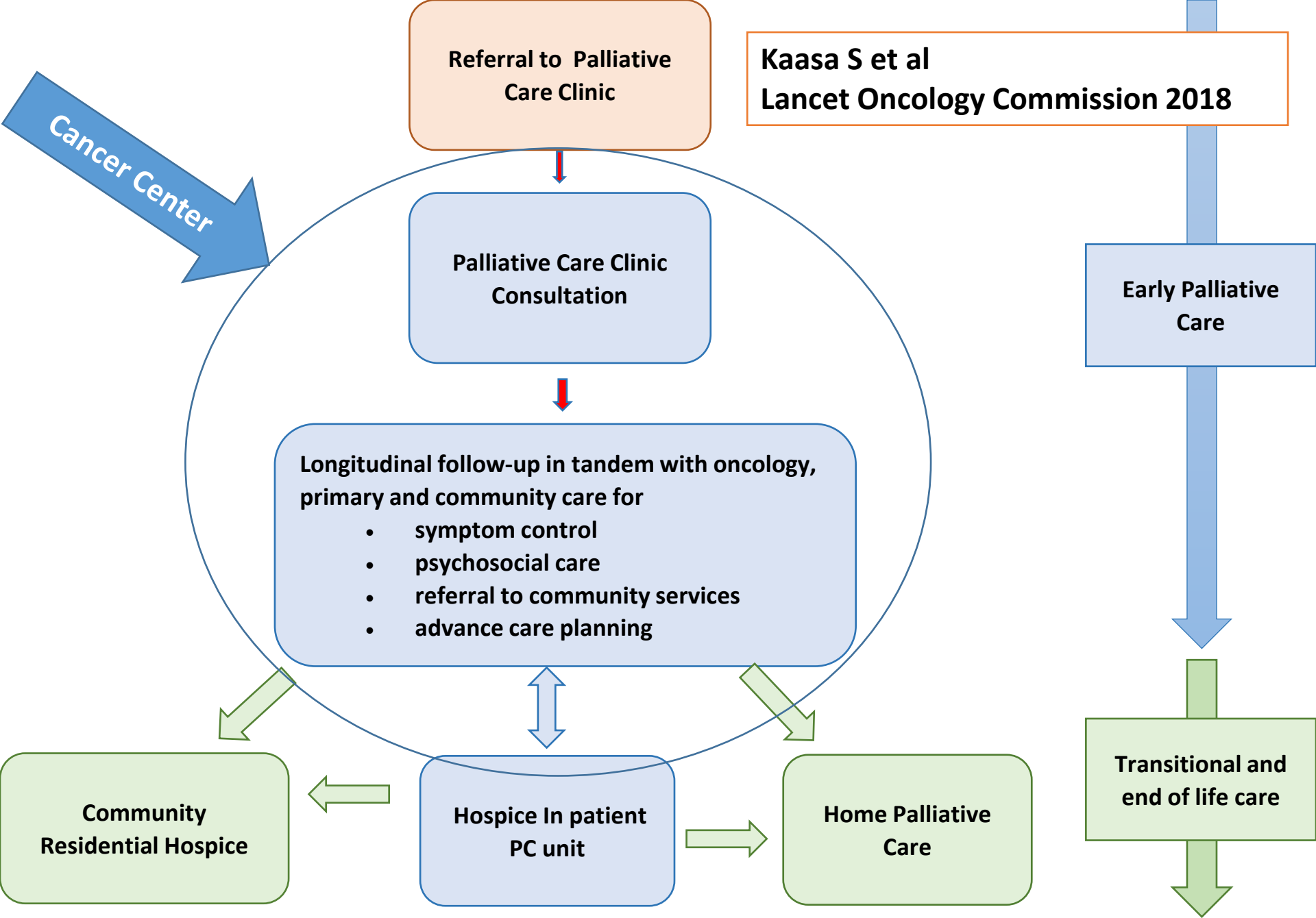
Early palliative care for adults with advanced cancer (Review)

Haun MW, Estel S, Rücker G, Friederich HC, Villalobos M, Thomas M, Hartmann M

Table 4. Characteristics of studies on integrated model

Integration Models

Study first author and year of pubblication	Study duration weeks	Mean number of PC visits per patient during study period	Frequency of PC visits: weeks	Patients reported outcomes	Caregiveres outcomes	Health Resourc e utilizatio n
Temel 2010	12	4	3	+	NA	+
Zimmermann 2014	12 – 16	> 2.4	5	+	+	NA
Maltoni 2016	12	8.9	1.3	+	NA	NA
Temel 2016; 2017	24	6.5	3.7	+	+	
Vanbutsele 2018; 2020	18	3	6	+	NA	-
Scarpi 2019	12	4.3	2.7	-	NA	NA
Brims 2019	24	????	-	+	+	
Groenvold 2017	8	????	-	-	NA	NA



iPAAC results Palliative Care



- Distinguish the needs of cancer survivors from those of advanced cancer patients with palliative care needs
- Early palliative care as a standard approach
- PC integration models are not all the same
- Palliative care delivery standards , education and expertise promotion across Europe



iPAAC conclusions

- Palliative care needs in the population affected by cancer are going to increase.
- Palliative care integration with oncology care has made progress over the last decade, and new evidence is available to guide implementation of effective interventions.
- Professional expertise in palliative care by specialized teams working in close connection with oncology teams should be present in cancer comprehensive centres or networks.
- Patients should have access to specialized palliative care while they are attending oncology clinics.
- The preferred model of early specialized palliative care delivery in oncology is based on palliative care clinics with access to multidisciplinary staff (at minimum doctors, nurses, psychologists)..



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